

Hi! I'm Kiki - the  
Cooking with Kids  
Mascot!



# KIKI's COMMENTS

Cooking with Kids Newsletter - July 2021

## Get a Sneak Peek into the Cooking with Kids Cookbook!

### About Cooking with Kids:

The Calgary Police Youth Foundation (CPYF) and the Kiwanis Clubs of Calgary and area have partnered to create a fun and exciting cookbook for kids, all in support of children and youth initiatives in Calgary!

Launching in September 2021, *Cooking with Kids* will feature over 100 recipes submitted by families and local celebrities and will inspire children to learn how to cook healthy meals and to spend more time with their family in the kitchen.

### Our Mission:

*Cooking with Kids* will endeavor to foster a love of cooking, encourage family time around the kitchen table, and teach children the skills to prepare healthy foods for life.

### Important Dates:

Official *Cooking with Kids*  
Launch - Sept. 15, 2021

This month, teams from both the Calgary Police Youth Foundation and the Kiwanis Clubs of Calgary and Area joined together for a fun Cooking with Kids photoshoot! As we tested just a few of the delicious recipes featured in *Cooking with Kids*, our amazing photographers captured the incredible shots seen below.



Want to learn how to make these recipes on your own? Pre-order your *Cooking with Kids* cookbook today at [www.CPYFStore.ca](http://www.CPYFStore.ca)! Be sure to stay tuned for more sneak-a-peek photos to come in future editions of Kiki's Comments!

# Meet our Cooking with Kids Advisors!

## Mary Halpen, Best of Bridge Co-Founder



Mary Halpen

Mary Halpen is a true believer that good food is meant for everyone and can be made by anyone. In fact, that was one of the leading mantras she had as one of the authors of the Best of Bridge cookbook series. In the last 30 years, she and her Best of Bridge partners have written 9 cookbooks, sold over 4,000,000 copies, produced a TV series, and made numerous road trips throughout Canada and the United States.

Today, Mary is more committed than ever to supporting healthy food initiatives and making good food accessible to everyone. Mary lives in Calgary, Alberta and continues to volunteer – forever bringing the love of good food to others - with the Calgary Police Youth Foundation, Kiwanis, Ronald McDonald House Southern Alberta, and the Calgary Stampede.

## Chef Paul McGreevy

Paul graduated from the SAIT Professional Cooking Program and then started to travel abroad to gain some necessary experience in the real world. The next couple of years were spent in Ireland, France and Italy where he worked at Michelin starred restaurants, bakeries, cafes and hotels.

In the following years, Paul took on several other Executive Chef positions in fine dining settings before challenging himself with the opening of CRAFT Beer. Market and the expansion to multiple locations. Following that success, he has run such great restaurants as Starbelly and the NASH. Currently, Paul is consulting for a variety of projects in Calgary with many exciting plans for the future! He is dedicated to supporting sustainable seafood, supporting local farmers and suppliers, educating both aspiring chefs and food-lovers alike.



Chef Paul McGreevy with his daughter, Lily.

## Cooking with Kids Sponsors:

Who ❤️ Cooking and Kids as much as we do!



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**Kiwanis**

Clubs of Calgary and Area

Both the Calgary Police Youth Foundation and Kiwanis Clubs of Calgary and area are passionate about kids causes. With Kiki's help, we are funding innovative projects that will have a positive and lasting impact on young people everywhere.



Calgary Police  
**Youth** Foundation